



1st

National Cross Country
Championships
for People with a
Learning Disability

Mencap
SPORT

Saturday 11 November 2006
Thornes Park, Wakefield

ENTRY FORM

EVENT INFORMATION

This is the first National Cross Country Championships for People with a Learning Disability hosted by Mencap Sport. It takes place during a weekend of athletics, as we host the INAS World Cross Country Championships featuring some of the best runners from around the world.

RACE DISTANCES

The races take place on the international course around Thornes Park in Wakefield, West Yorkshire.

- Men's – 4000m
- Women's – 2000m

REGISTRATION

All entrants must hold a valid International (INAS) or National Registration as an athlete with a learning disability. For further details contact Mencap Sport.

ENTRY FEES

The entry fee is £2.50 per person. Entries will not be accepted without the correct payment. **Cheques should be made payable to Mencap.**

CLOSING DATE

Entries should be received by Friday 27 October 2006. No entries will be accepted after that date. Mencap Sport reserves the right to decline entries.

AGE GROUPS

After feedback from athletes, the race will now be split into 4 sections. These are Under 15, Under 17, Under 20 and Senior. The minimum age is 13. Ages are as at 31.8.06.

TIMETABLE (subject to change)

Registration:	10.30am - 11.30am
Races:	11.30 (Men's)
	12.00pm (Women's)
Prizes:	2pm

VIDEO AND PHOTOGRAPHY

In line with best practice, any person wishing to take photos at the event must register their details with staff on reception. This includes the use of a mobile telephone with photographic or video facility.

Mencap Sport may take photographs/recording of you whilst at this event. These images may appear in publicity material or websites. We therefore require all entrants to complete the photography consent section of the entry form.

The organisers will only use images of athletes to promote sport recreation or competition through publicity material, media, contacts or other appropriate means and will not include personal email, postal addresses or telephone or fax numbers. Consent can be withdrawn at any time during or after the event by contacting reception or the Mencap Sport office.

EVENT CONTACT

Please return completed entry forms, with cheque, to:
Mencap Sport, 6a Calder Vale Road, Wakefield, West Yorkshire, WF1 5PE

If you have any questions, you can contact Mencap on 01924 234 912 or by email at sport@mencap.org.uk
Further information about Mencap Sport can be found at www.mencap.org.uk/sport

Event confirmation, maps and final details will be sent out after the closing date in October.

1st National Cross Country Championships Entry Forms

(Please complete one form for each athlete taking part)

Name				
Sex Male <input type="checkbox"/> Female <input type="checkbox"/>		Date of birth:		
Age Group: U15 <input type="checkbox"/> , U17 <input type="checkbox"/> , U20 <input type="checkbox"/> , Senior <input type="checkbox"/>				
Club				
Address				
Contact Details		Phone No	Mobile No	E-mail

TEAM ENTRIES

Team Manager Name				
Address				
Contact Details		Phone No	Mobile No	E-mail

VIDEO/PHOTOGRAPHY CONSENT (PLEASE ✓)

Can we use your photograph in printed material and on the Mencap Sport website?

YES NO

DECLARATION OF MEDICAL CONDITIONS

I wish to compete in the 1st National Cross Country Championships. I understand that Mencap Sport require me to state any known medical conditions and their management. I understand the course is demanding and that the weather conditions may be poor.

Known medical condition(s)/medication taken: *(print n/a if there are no medical conditions)*

DECLARATION

SIGNATURE OF ATHLETE: _____ DATE: _____

SIGNATURE of ATHLETE/GUARDIAN [IF UNDER AGE 18]: _____