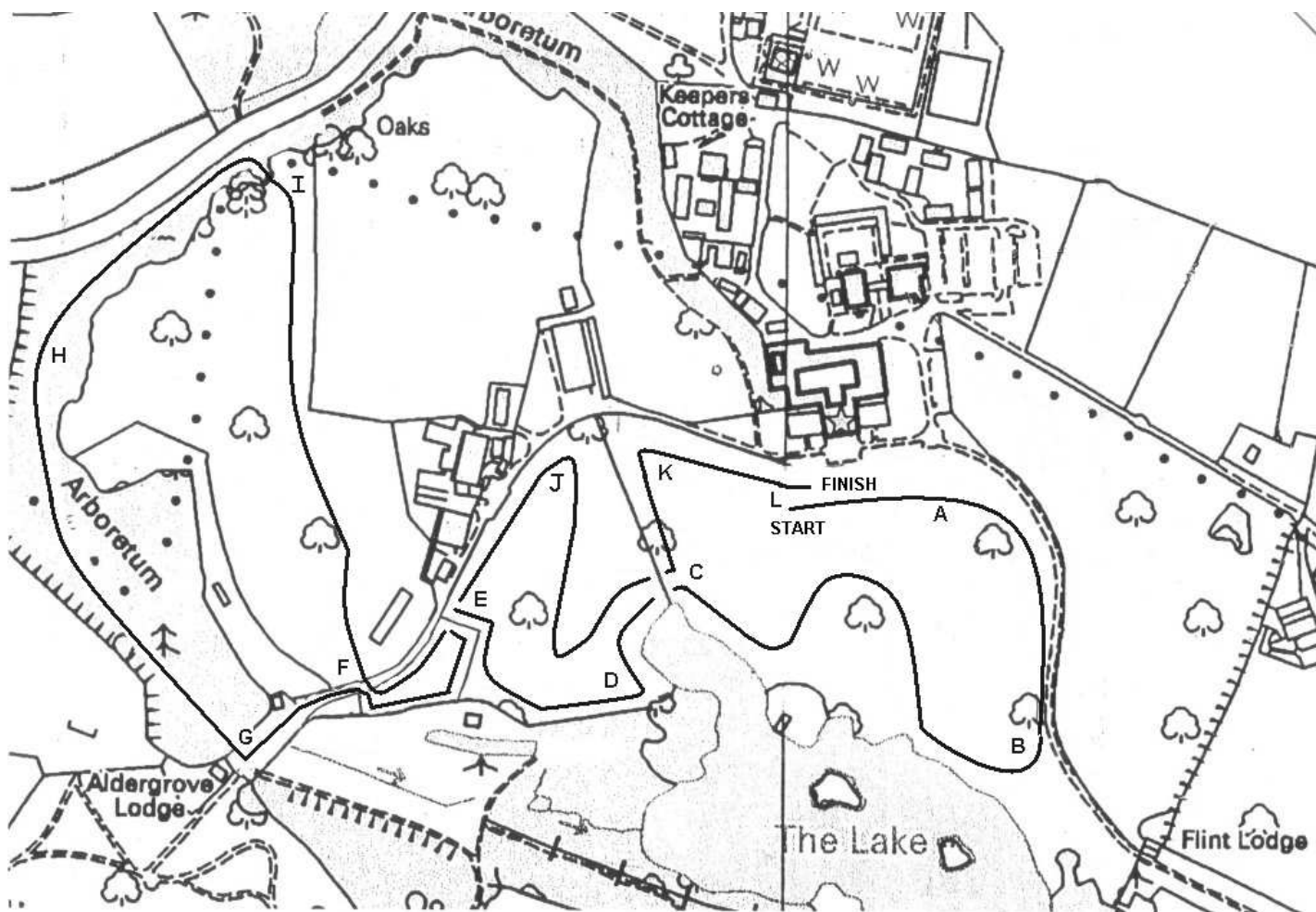


South West Championships – Bicton College 7th January 2007



Small Lap	A-B-C-K-L	990m
Medium Lap	A-B-C-D-E-J-C-K-L	1690m
Large Lap	A-B-C-D-E-G-H-I-F-E-J-C-K-L	2990m

RACE TIMETABLE

13.00	U13G	2680m	Small + Medium
13.07	U13B	2680m	Small + Medium
13.15	U15G	3670m	2 x Small + Medium
13.27	U15B	3670m	2 x Small + Medium
13.39	SW	5980m	2 x Large (inc U20W, W35, W45, W55)
13.57	U17M	5980	2 x Large
14.13	U17W	4370	Small + 2 x Medium
14.30	SM	7690m	2 x Small + 2 x Large (inc U20M, M40, M50, M60)

PRESENTATIONS

14.00	U13G, U13B, U15G, U15B
15.00	U17M, U17W, U20W, SW
15.30	U20M, SM